

Holy Names University
3500 Mountain Blvd., Oakland, CA

Summer Term 5 2013
Integrative Studies Across Cultures-A 195W

WAKING UP: SLEEPING, DREAMING AND REALITY

Class Meeting Time: Tuesdays 4:30-7:30PM **Room:** Brennan 63
Course Name and Number: ISAC 195W Senior Colloquium **Credit Hours:** 3

Credit hour: A credit hour (unit) is an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally established equivalency that reasonably approximates not less than—(1) One hour of classroom or direct faculty instruction and a minimum of two hours of out of class student work each week for approximately fifteen weeks for one semester, or the equivalent amount of work over a different amount of time; or (2) At least an equivalent amount of work as required in paragraph (1) of this definition for other academic activities as established by the institution including laboratory work, internships, practica, studio work, and other academic work leading to the award of credit hours. **Failure to complete reading/written assignments as assigned out of class work can lead to a failing grade for the course.**

Instructor: David A. Sylvester, M.A., M.T.S.
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From the HNU Catalogue:

This Senior Colloquium is the capstone course specifically designed to provide the culminating academic experience integrating the General Education aspect of the Baccalaureate program with the student's major field of study. In the Colloquium, senior students address together a topic of common human concern through which they explore and share perspectives on the broader historical, cultural, and ethical dimensions and intellectual context of what they have learned in their undergraduate program.

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This course will explore the change of awareness in waking up from interdisciplinary disciplines. Waking up may take many forms: We wake up from sleep, dreams, or illusions. Desires and love wake us up. New insights into social oppression wake us up from unconscious patterns of social behavior. And scientists study the biological "clock" that makes our bodies go to sleep and wake up.

During the course, students will be encouraged to develop this theme of "waking up" as it applies to a topic of their choice in the area their major course of study at HNU. The focus of the course will be a 15- to 20-page research project and oral presentation in which this theme unites and informs your chosen field of study.

Learning Outcomes:

1. Seminar participants will integrate the broad knowledge of their liberal arts studies with specific application to their selected major.
2. Seminar participants will explore and engage in thoughtful discourse concerning the broader social and ethical dimensions of their educational pursuits.
3. Seminar participants will pursue on-going intellectual discussion about their research topic in class and with her or his selected discipline specific mentor.
4. Seminar participants will each assume a leadership position in class by facilitating class discussions on the assigned reading.
5. Seminar participants will refine their skills in critical writing and research by producing a 15- to 20-page paper. This paper will demonstrate the participant’s ability to research, synthesize, and document various forms of information into a cohesive and substantive argument.
6. Seminar participants will successfully present an oral presentation of 15- to 20-minutes that highlights significant research findings.

**For HNU Requirements and Policies,
please see the Addendum at the end of this Syllabus.**

STRUCTURE OF THE COURSE

Mentor:

Each participant will have a faculty mentor from the major discipline of the participant. The mentor’s purpose is to assist you with narrowing the focus of your research paper and to provide preliminary suggestions for your bibliography. The student’s mentor may help the student formulate a thesis, and possibly assist with content analysis. The faculty mentor is not expected to correct drafts of your paper.

Attendance:

The classroom is a professional environment, and all of us are expected to conduct ourselves like professionals at work or in any formal setting. Attendance is mandatory and will be taken at the beginning of each class. You are required to arrive early enough so that you are prepared to begin discussion with your own thoughts and questions from the assignment at the start of class at 4:30 pm.. You are expected to give the class your full attention throughout the period, except for class breaks.

The classroom is one of the most important ways for all students in this course to learn the material, discuss ideas, share experiences, and participate in learning.

Please Note: Attendance points will be deducted, if a class absence or delay in meeting deadlines is within the student’s control. No points will be deducted if the absence or delay is not within the student’s control and documentation is provided.

Grading:

Grades are based on the number of points earned by the end of the semester:

A	100-90	B	89-80	C	79-70	D	69-65	F	Below 65
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Assignment Deadlines and Evaluation/Grading:

- (1) Pre-class reading, with 3 questions prepared. - One printed copy of **your 3 questions on the reading due at 4:30 p.m. start of Class #1** (Tuesday, May 21). 4 points.
- (2) Reflection Paper - Filed electronically by **midnight Thursday, May 23** in its Submission Box on Blackboard and **one full printed copy of the Originality Report** brought at 4:30 pm. start of Class 2 (Tuesday, May 28): 10 points.
- (3) Group PowerPoint and Presentation on Theme of “Waking Up.”
 - Oral presentation in Class #2 with one printed copy of slides turned in **at 4:30 p.m. start of Class #2** (Tuesday, May 28): 5 points.
- (4) Topic and Thesis Proposal by freewriting.
 - Filed electronically by **midnight Monday, June 3**, in its Submission Box on Blackboard with a printed copy of the Originality Report brought at start of Class #3 on June 4: 5 points
- (5) Student presentations of readings:
 - Delivered in **Class #3** (Tuesday, June 4) **or Class #4** (Tuesday, June 11), with printed Originality Report of 1- to 2-page summary filed in its Submission Box in time to hand in at 4:30 pm. start of Class #3 or #4: 4 points.
- (6) Annotated Bibliography (with 10 sources, thesis statement.)
 - Filed electronically in its Submission Box on Blackboard by **midnight Monday, June 10**, with one printed copy of the Originality Report brought at start at 4:30 of Class #4 (Tuesday, June 11). 4 points.
- (7) Mentor Agreement. - Due at start at **4:30 pm. of Class #4 (June 11)**: 4 points
- (8) First draft of Final Project Paper.
 - Filed electronically in its Submission Box on Blackboard by **midnight, Monday, June 17**, with printed copy of Originality Report due at 4:30 p.m. of Class #5. 10 points.
- (9) Final Project Paper (15-to 20- pages):
 - Filed electronically in its Submission Box on Blackboard by **midnight, Monday, July 1**. 40 points.
 - One printed copy of the Originality Report of this paper in proper academic style due at **4:30 pm. start of Class #7** (Tuesday, July 2). 30 points.
- (10) Presentation of Final Project during class: - Oral presentation in Class #6 (Tuesday, June 25), or Class #7 (Tuesday, July 2). 10 points.
- (11) Overall Class Attendance and Participation. 14 points.

Questions? Please see Summary of Deadlines and Grading at end of Syllabus

Written Assignments:

All written assignments must be presented in proper academic style, i.e. typed, double-spaced in 12-point sized Times New Roman font, with footnotes or endnotes in proper academic style. These written assignments must be formatted according to the reference/style guide of your discipline (APA, MLA, or Chicago).

All the pages of the written assignments must be stapled together, with the 1) name of the assignment, 2) your name, and 3) the page number printed at the top of the paper **or the assignment will not be accepted.**

Students must submit an electronic copy (using Microsoft Word or another program) of every written assignment to the appropriate Submission Box on the course site on Blackboard by the assigned deadline. In addition, students must print out a full copy of the TurnItIn Originality Report and bring to the class when it is due. The electronic copy will allow me to read, critique, edit, and provide you with the necessary guidance that you will need in a digital format.

Reading Assignments:

As an active participant in our classroom learning community, you are expected to read every reading assignment and come to class with three questions for class discussion. During every class session, we will be discussing the weekly reading. A careful reading of each assignment will enable you to more fully contribute to the classroom discussion and develop your own original research paper.

Suggested Reading Process:

While completing the weekly reading assignment, you are encouraged to take notes and follow this process:

- (1) Summarize and paraphrase the main point of what the reading is saying and write a “headline” for it in a clear noun-verb statement.
- (2) Circle any words, concepts, and parts of the reading that are confusing or unclear to you. Look them up in dictionaries, encyclopedia or bring them to class.
- (3) List the key reasons and evidence supporting or opposing this “headline” of the main point of the reading, making sure you note the page where this argument appears.
- (4) Take notes or free writing on your own thoughts and responses to the main idea and the reasons cited. Does the author present an argument that needs additional evidence? How do these arguments compare to those of other authors that we have read?
- (5) List three additional questions that you would like to raise for class discussion.

No Late Submission Policy and No Extra Credit Policy.

This class is too short and intense for work to late submissions of work.

- Late work will not be accepted, unless the student has requested and received an extension ahead of time, or in extenuating and documented circumstances. No points will be deducted if the absence or delay is not within the student’s control and documentation is provided.

- There is **no extra credit work** in this class.

What to Bring to Class:

We will do a lot of writing in class so it is essential that you bring your **laptop** or **writing notebook** and pens to every class.

Also bring your reading **notes**, the necessary **books**, and **handouts** to each class. Please remember, your contributions to the classroom discussion will count for part of your participation grade. We all need to hear from all of us to have a fruitful discussion!

Discussion/ Co-Facilitation:

Each student will facilitate a class discussion based on the assigned readings for that week. Presentations and the corresponding assigned readings will be organized during the first and second week of classes. In addition to **summarizing the reading's main point and supporting reasons/evidence**, presenters will also be asked to do some brief research on the author's background. On the day of your individual discussion, please submit a one- to two- page summary of your discussion to its Submission Box on Blackboard, print out and bring the full originality report at the 4:30 start of class. You are encouraged to be creative when you plan for these in-class presentations!

Summer Tutoring:

Students can obtain free tutoring through the Student Success Center in Brennan Hall and writing assistance at the Writing Center in Cushing Library.

Student Conference:

All students will meet with the instructor for a one-to-one conference to discuss the final editing of the Final Paper by Class #5, Tuesday, June 25.

Course Materials:

- Lazarus story in *The Gospel of John* Ch. 11.
- Psychology Reading TBA
- Science Reading TBA
- Diane Hacker, *A Pocket Style Manual (Sixth Edition, spiral bound)*

In addition, please watch: *The Matrix I*. on amazon.com or Netflix.com.

Possible Class Readings:

- Descartes, *Meditation I*, pgs. 79-82
- *Hakuin on the Importance of Awakening*: pgs. 1-6. From: Low, Albert, *Hakuin on Kensho*, (Boston: Shambala, 2006)
- Kate Chopin, *The Awakening*.
- Freud and Dora's dreams. "A Problematic Debut," From: Gay, Peter. *Freud: A Life for Our Times*. (London: W. W. Norton & Co, 2006), 246-256.
- Scientific study of creativity and dreams: *Answers in Your Dreams* – Deidre Barrett, *Scientific American*, Oct. 20, 2011.
- Circadian rhythms and chronobiology: *Human Biological Clock Set Back an Hour*, *Harvard University Gazette*, July 15, 1999

This syllabus will be revised as the course proceeds!
Check for syllabus updates on **Blackboard**: <http://blackboard.hnu.edu>.

Spring 2013 Faculty- Student Collaborative Course Schedule

Course Schedule: *Please note, following Class #2, the reading assignments and student presentations will be updated and added to the syllabus, based on our in-class discussion*

Before Class #1:

These pre-class assignments are to be completed by the first day of class, Tuesday, May 21:

- 1) Read over the course syllabus, make note of any questions that you might have. We will review the syllabus on the first day of class as well.

- 2) Fill out the *Student Information Sheet*, sent by email and posted on the course site on Blackboard . Bring a print copy of the form to the first day of class or email it to the instructor in advance of the first day of class.

- 3) Brainstorm what “waking up” means to you in spiritual, philosophical, psychological, social and scientific ways, especially in relation to your major course of HNU study. Stimulate your thinking with browsing in the library or online, and *Thoughts on Waking Up* on Blackboard. This does **not** require outside research and/or additional reading.

- (4) Do a fast, rough “free writing” of your thoughts for half a hour, twice, as the beginning of your Reflection Paper. Bring this free writing to Class #1 for discussion.

- 5) Read the Lazarus story in the Gospel of John Ch 11, from a Bible..

- (6) Watch *The Matrix, I*, on amazon.com or through Netflix.

- (7) Write three questions for the class to discuss, as if you were to lead the discussion, to hand in at Class #1 (printed copy, in proper academic style)

Class #1. May 21. Welcome & Discussion: Waking Up, the Spiritual perspective.

Discussion focus: Syllabus,

Reading: Your pre-class reflections, discussion of Lazarus and your questions.

Writing: Free writing,

In-Class Reading: Descartes, *Meditation 1*, pg. 79-82.

Research: Resources, Finding a topic, Writing a Thesis Paper

Assignments for Class #2:

1) Finish freewriting and “clean up” for your Reflection Paper. Submit on Blackboard by deadline, midnight, Thursday May 23 and print Originality Report copy for 4:30 pm. start of Class #2.

2) Compile a 10- to 15- minute group PowerPoint on a) the theme of “Waking Up” from class discussion, readings, with b) tentative thesis statements for your HNU area of study, for a group presentation for Class #2 class on May 28..

3) Read and take notes on reading for Class #2: *Reading TBA*

4) Write 3 questions on your readings for class discussion.

Midnight, Thursday, May 23: Deadline for Reflection Paper on Blackboard.

Class #2. 5/28/13 Student Group PowerPoint Presentations:

- Turn in printed copy of full Originality Report for Reflection paper.

- Turn in 3 Questions.

- PowerPoint Presentations

Discussion focus: Identifying a topic, developing research questions, choosing course readings and assign leaders of in-class discussions.

In-Class:

Reading, discussion: Waking up, the Psychological perspective.

Writing: Freewriting on topic/thesis proposal.

Assignments for Class #3:

1) Readings for Class #3: Student selection.

(2) Write 3 questions for class discussion.

(3) Written Assignment: “Clean up” freewriting into Topic & Thesis Proposal, submitted by midnight, Monday, June 3 in its Submission Box on Blackboard.

Midnight, Monday, June 3: Deadline for Topic/Thesis Proposal on Blackboard.

Class #3. 6/4/13 Student Presentations of Readings (1)

- Turn in 3 Questions.

- Presenters turn in printed originality reports of the summaries

Discussion focus: Discussion of student selection of readings

Assignments for Class #4:

- 1) Readings for Class #4: Student selection.
- (2) Write 3 questions on readings for class discussion.
- (3) Written Assignment: Annotated Bibliography (including 10 sources, thesis statement and free writing.) Submitted by midnight, Monday, June 10 in Submission Box on Blackboard.
- (4) Print Originality report copy, to bring at 4:30 p.m. Class #3, June 11.
- (5) Obtain signed Mentor Agreement.

Midnight, Monday, June 10. Deadline for Annotated Bibliography on Blackboard.

Class #4. 6/11/13 Student Presentations of Readings (2)

- Turn in: 3 questions, Originality report on Topic/Thesis proposal, Mentor agreement.
- Presenters turn in summaries

Discussion focus: Readings (student selection)

Assignments :

(1) First Draft of Final Paper, due on Monday, 6/17, per deadline.

Class #5. 6/18/13 Library Research

Discussion focus: Staff-led workshop: *Overview, Citations and Creating Reference Lists*

Assignments

- (1) Schedule a one-on-one meeting to review the draft of your paper with your instructor to discuss final editing of your paper. By Class #5, Tuesday, June 25.

(2) Final Project Paper, due Monday, July 1, per deadline.

Class #6. 6/25/13. Student Presentations of Final Research Paper (1)

Class #7. 7/2/13 Student Presentations of Final Research Paper (2)

Have a Good Summer!

Syllabus Addendum

Definition of Grades:

“A” – Demonstrated exceptional effort in understanding the readings, advanced class discussions, turned all work in on deadline, showed imagination and insight in written and oral work, and wrote in exact manner of proper academic style.

“B” – Good performance in understanding the readings and in written and oral work, met all deadlines, participated in class discussion..

“C” – Adequate work, fulfilled requirements, average engagement with issues in the class and adequate attendance and participation.

“D” – Inadequate effort in study and fulfilling class requirements, often silent in class discussions, poor adherence to deadlines for attendance, written and oral work.

“F” – Unacceptable work; failure in basic class requirements.

University Policies and Requirements:

Accommodations:

It is the mission of Holy Names University to ensure the rights and promote the dignity, self-awareness and self-advocacy of students with disabilities throughout the university. In compliance with Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990 and state and local regulations, HNU is committed to a nondiscrimination policy on the basis of disability status. HNU’s Disability Support Services (DSS) collaborates with faculty, administration and staff to create and maintain an inclusive and supportive environment that provides equitable learning opportunities for students with disabilities.

Further information about DSS is available in the Holy Names Catalog, at www.hnu.edu and in various campus publications. In addition, any student with a known or suspected physical, medical, sensory, psychological, learning, or other disability who seeks or may wish to consider seeking reasonable accommodations is strongly encouraged to contact the Coordinator of DSS as early as possible in his or her academic career. For confidential information, support, resources, eligibility determination and access to individualized accommodations when appropriate, the Coordinator of DSS, Dean Laura Lyndon, may be contacted at lyndon@hnu.edu or dss@hnu.edu or phone 510-436-1658. Her office is in Brennan Hall.

Credit Hour Policy:

It is HNU policy that to receive academic credit for a course, the student is expected to do a minimum of two hours of work outside of class for every hour of direct instruction from the instructor. The amount and kind of work assigned and activities engaged in should be consonant with the stated learning outcomes/course objectives outlined above on the syllabus.

Academic Honesty: Zero plagiarism policy:

The policies regarding academic honesty described in the *HNU Catalog* must be strictly followed. These include submission of work that is the student's own, adequate and proper acknowledgement of sources used in preparation of assignments, and not accepting or providing answers on tests.

As cheating undermines the learning process, the instructor reserves the right to assign a grade of *F* to any student who represents the work or ideas of another person as his/her own, whether these ideas are paraphrased or used exactly. Plagiarism includes failing to use quotation marks and/or proper citation in the text or in the notes around

Please keep in mind that I am most interested in what *you* think and I firmly believe that each of you are capable of successfully completing the academic assignments that are outlined here.

Attendance:

The HNU Catalogue states that students who have excessive absences may receive a grade of F. Excessive absences occur when more than one-fifth of the scheduled class hours are missed The instructor reserves the right to assign a grade of F to any student who misses more than 20% of class time.

Worksheet: Checklist of Writing Deadlines and Grading:

Assignments	Deadlines	Grade Points
(1) Pre-Class 3 questions from reading.	- Print Originality report copy, 4:30 p.m. Class #1, Tuesday, May 21.	4 points
(2) Reflection Paper	- Blackboard Submission Box by midnight, Thursday, May 28. - Print Originality report copy, 4:30 pm., Class #2, May 28.	10 points
(3) Group PowerPoint, Presented on “Waking Up”	- In-class, one print copy of slides, 4:30 p.m. Class #2 May 28.	5 points
(4) Topic & Thesis Proposal by freewriting.	-BB Submission by midnight, Monday, June 3. - Print originality report copy, 4:30 pm. Class #3, June 4.	5 points
(5) Student presentations of readings, with 2 pg summary.	-In-class on Class #3 or Class #4, with - Print Originality report copy of summary, due at 4:30 pm. start of class.	4 points
(6) Annotated Bibliography	- BB Submission by midnight Monday, June 10. - Print Originality report copy, 4:30 p.m. Class #4, June 11.	4 points
(7) Mentor Agreement.	- Form signed, 4:30 p.m. Class #4, June 11.	4 points
(8) First draft of Final Paper	BB Submission by midnight, Monday, June 17. - Print Originality report copy, 4:30 p.m. Class #5, June 18.	10 points
(9) Final Project Paper	BB Submission by midnight, Monday, July 1. - Print Originality report copy, 4:30 p.m. Class #7, July 2.	30 points
(10) Final Project Presentation	- In-class in Class #6, June 25, or Class #7, July 2.	10 points
(11) Overall Attendance, Participation	Attendance at all classes with engaged questions and answers	14 points
Total		100 points

Worksheet: Suggested Paper Milestones and Time Budget

Week	Thinking/Discussion	Reading	Writing
Week 0 Now - 5/20	Brainstorming, discuss with friends.	Scout in library, Internet, see Matrix, Read Lazarus	Freewriting for Reflection Paper, due Th. May 23.
Week 1 Tues. 5/21 – 5/27	- Narrow topic, “hunch” thesis “headline” - Discuss PowerPoint	- Review resources, - Develop bibliography and annotate - Research PowerPoint, due 5/28	- Freewriting on Topic/Thesis, revise into Proposal, due Mon. 6/3 - Write PP summary, due 5/28
Week 2 Tues 5/28-. 6/3	- Thinking over paper - Mentor agreement due 6/4	Focused scan of resources, library and Internet	- Write “airplane” draft - Rough Draft Freewriting, draft “pieces”/ notes from reading
Week 3 Tues. 6/4 – 6/10	- Prepare readings - Deal with problems	- Focused readings for paper, - Work on Annotated Bibliography, due 6/10	Rough Draft revising, adding from readings revising and sharpening thesis “headline”.
Week 4 Tues. 6/11 – 6/17	- Prepare readings - Deal with problems	Focused reading with writing pieces into paper.	Rough draft revising into First Draft, due by 6/17
Week 5 Tues. 6/18 – 6/24	- Deal with problems - Prepare oral presentation	Fill-in readings	- First Draft revising into Final Draft - Make summary notes for presenting
Week 6 Tues. 6/25 –7/1	- Last minute panic discussions - Prepare oral presentation	Fill-in readings, checking facts and citations for absolute accuracy	Revising and Checking Final Draft with exact academic style, spellchecking, - Print out and re-read to make last corrections - Submit to BB by Monday, July 1. -Presenters: Make summary notes for presenting
Last Class: 7/2.	Enjoy Your Summer Vacation!		

